

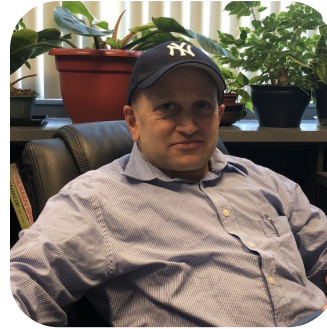
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ASSOCIATE'S OF SCIENCE IN RADIOLOGIC SCIENCE DEPARTMENT OF NEUROSCIENCE AND REGENERATIVE MEDICINE



ALLISON
APPRENTICE

2018 UNDERGRADUATE RESEARCH
APPRENTICESHIP PROGRAM (URAP)



DR. HEGDE
MENTOR

WHAT IS THE MOST IMPORTANT PART OF THE MENTOR RELATIONSHIP?

ALLISON: The most important part of mentor relationship is an untapped source of wisdom and a safe space to ask questions. The journey of life is a not a solitary one, so having a source of guidance is invaluable. It has been integral to every step in my life.

DR. HEGDE: The most inspiring part of being a mentor is to help a student achieve their full potential. There is just nothing else like it!

ADVICE TO A STUDENT, JUST BEGINNING TO CONSIDER A CAREER IN SCIENCE?

ALLISON: My advice would be to take it one day at a time and keep an open mind. Most importantly, give yourself grace and don't be too hard on yourself.

DR. HEGDE: It's the same two-part advice I got from a Nobel Prize-winning former advisor of mine: First, go into science if and only if you can't see yourself doing anything else. Second, don't do anything half-heartedly. Anything worth doing is worth doing well.

WHAT GOT YOU INTERESTED IN THIS FIELD?

ALLISON: My interest came from witnessing my late grandfather struggle with chronic diseases and my mother's diagnosis of Multiple Sclerosis with a traumatic onset. This was exacerbated by the stark differences in access to healthcare in my rural community and the lack of representation I saw in the field.

DR. HEGDE: My interest in my field – brain research – originated from my conviction that understanding how the brain works is the next great frontier in scientific research.